



CHESTNUT CHAT – Q & A
CHAT 16: COOKING WITH CHESTNUTS
DATE: FRIDAY, OCTOBER 16, 2020

QUESTION	ASKER NAME	ANSWER(S)
Is there a recipe/cooking book on chestnuts you would recommend?	Florian Carle	Live answered
Is there a fluctuation in how prolific a particular tree is from year to year?	Renee Allen	Generally, chestnuts bear nuts every year, although there is some fluctuation depending upon weather and tree age.
Does it matter which side you score?	Renee Allen	Live answered
I've tried roasting and boiling and frequently have papery residue that is bitter. how do you get that off. I've gone through a whole batch and not gotten one full nut	Robbie Shaw	"Live answered ;
Do you recommend pre-heating the cast iron skillet?	Edgar	Any microwave roasting?"
once boiled chestnuts are shelled , if you want to eat them without cooking in a recipe can you just roast or toast? how long?	Robbie Shaw	"Yes, you should always make sure your cast iron skillet is hot (it takes longer than for a frying pan) before cooking anything, including chestnuts
where can I get American chestnuts for cooking? I live in Arizona	Robbie Shaw	Yes. Nice to have it hot ahead of time."
Will this recording be available later?	Brittany Stokes	You should not roast them out of the shell. They get very hard.
the only chestnuts available here are very large, i assume Chinese. not like i remember in my youth back east. and those are only available for a bout 2 weeks in end of November	Robbie Shaw	Live answered



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Do you have a recipe for chestnut paste for confections?	Rose Keville	Live answered
Trader Joe's carries fresh Italian chestnut seasonally.	8Amishshield	There are on-line suppliers as well. Most domestic types are Chinese
could we members buy the hybrids from TACF?	Robbie Shaw	Alternatively, you can buy this sweet chestnut paste (Clement Faugier Creme de Marrons) from france. You can find it in cans in the US
Marzipan recipes might work with chestnuts.	8Amishshield	Live answered
Thanks!!	Rose Keville	Live answered
This a completely unrelated question to cooking, but I didn't think of it during the pollination CC. Do American and Chinese and hybrids openly cross pollenate across the species?	Ken Law	
Thank you. This was fun!	8Amishshield	